WHOLE SYSTEM APPROACH TO HEALTHY WEIGHT IN POWYS - HIGH LEVEL DELIVERY PLAN

STEP 1: SET UP AND BUY IN

Ref	Actions	Lead	Rag Rating	Plan Start	Plan Finish	Progress
1	**Establishing senior level support and governance structures**					
1.1	Engage with PSB, RPB and sub-groups	Powys Public Health Team (PPHT)		Apr-22	Ongoing	Presented Whole System Approach to Health Weight (WSA) work to PSB, Start Well and Live Well groups. WSA to Healthy Weight has become a PSB priority area. Workstream will report to PSB on a quarterly basis.
1.2	Engage with senior level stakeholders within PCC, PAVO and PTHB.	PPHT		Apr-22	Ongoing	Number of 1.1 meetings held to introduce the WSA approach to key individuals. Individuals invited to initial WSA engagement events held in October 2022 and January 2023.
1.3	Establish local governance structures.	PPHT		Dec-23	Oct-23	The WSA workstream will report to the PSB on a quarterly basis. The WSA workstream is built into PTHB's IMTP and progress will be reported on quarterly basis.
1.4	Attend national WSA System Lead meetings and workshops organised by Public Health Wales (PHW). Continue to report into national structure and provide local updates.	PPHT		Apr-22	Ongoing	Powys Public Health Team representative attends national meeting every 2 months. Progress and shared learning are discussed. Reporting to Public Health Wales and Welsh Government is submitted quarterly (qualitative reports and financial reports)

STEP 2: DEFINING AND MAPPING THE SYSTEM						
Ref	Actions	Lead	Rag Rating	Plan Start	Plan Finish	Progress
2	**Understanding local system, identifying which partnerships and organisations to engage with**					
2.1	Conduct mapping exercise to identify key individuals and organisations, strategic groups, priorities and key strategic plans in Powys.	PPHT		Jul-22	Sep-22	Mapping exercise conducted. Maps produced using KUMU software and presented at WSA engagement events in October 2022 for stakeholders to review. Folloing comments received, the mapping was finalised ahead of the second engagement event in Janaury 2023.
2.2	Based on mapping, identify strengths and gaps in current system including existing and potential links to obesity prevention. This should include potential levers and opportunities as well as issues and conflicting priorities.	PPHT		Oct-22	Feb-23	Maps were presented at our engageemnt event in October 2022 to support the discussions at the engagement events. Stakeholders were able to examine the maps and identifiy potential areas of focus for the WSA in Powys.

STEP 3: Creating a System Change Narrative

Ref	Actions	Lead	Rag Rating	Plan Start	Plan Finish	Progress
3	**Develop narrative of why obesity matters and how obesity is currently being addressed locally**					
3.1	Develop a narrative of the local healthy weight system	PPHT		Jul-22	Sep-22	Local and national evidence has been collated and reviewed to inform an in-depth narrative of the current picture of overweight and obesity in Powys. The narrative was taken to our engagement events in October 2022 for stakeholders to review.

STEP 4: SYSTEM ENGAGEMENT

Ref	Actions	Lead	Rag Rating	Plan Start	Plan Finish	Progress
4	**Engaging with key stakeholders, collectively identify priority areas**					
4.1	Based on mapping exercise engage with key stakeholders to gain their support for local systems approach.	PPHT		Apr-22	Sep-22	Stakeholders identified via the mapping process were invited to attend to half day stakehodler engagement events. Collectively they represented a range of organisations from across Powys.

Ref	Actions	Lead	Rag Rating	Plan Start	Plan Finish	Progress
4.2	Organise workshop(s) in Powys to bring key stakeholders together to develop a shared understanding of task and agree initial priorities for action	PPHT		Apr-22	Sep-22	Two half day workshops, chaired by Kirsty Williams (Vice Chair of PTHB) were held in October 2022 and January 2023. Stakeholders from a range of organisations across Powys attended the events. Based on the information presented at the first event, the stakeholders present were able to identify five potential areas of focus for the WSA workstream. The local public health team produced evidence briefings for these five areas which were presented and discussed at the second event held in January. Following the discussions at the workshop, stakeholders ranked the 5 areas in order of priority. The agreed area of focus was confirmed as 'Children, Families and Access to Healthy Food'.
4.3	Develop a Padlet Board to keep stakeholders updated with progress	PPHT		Apr-22	Sep-22	A padlet board has been created and has been shared with delegates who attended the stakeholder engagement events.

STEP 5: PRIORITIES AND GOALS

Ref	Actions	Lead	Rag Rating	Plan Start	Plan Finish	Progress
5	**Agree priority area and conduct detailed mapping**					
5.1	Agree priority area.	PPHT		Oct-22	Mar-23	Based on engagement with stakeholders, and existing evidence and research, the area of focus for the WSA to Healthy Weight in Powys work has been confirmed as 'Children, Families and Access to Healthy Food'.

Ref	Actions	Lead	Rag Rating	Plan Start	Plan Finish	Progress
5.2	Identify the key partnerships, organisations and plans that are part of the chosen area.	PPHT		Mar-23	May-23	Mapping exercise conducted focusing on the area of 'Children, Families and Access to Healthy Food'. Key organisations, individuals, activities, projects and plans have been identified and mapped using Excel.
5.3	Undertake more detailed systems and asset mapping in line with priority areas.	PPHT		Mar-23	May-23	Mapping has enabled the team to identifiy key stakeholders to invite to engagement events in May 2023.

STEP 6: DETAILED NETWORK ANALYSIS						
Ref	Actions	Lead	Rag Rating	Plan Start	Plan Finish	Progress
6	**Understanding connections, strengths and gaps in identified**					
6.1	Bring identified stakeholders together to review mapping	PPHT		Mar-23	May-23	Two planning sessions were held on different days and at different locations in May 2023. Stakeholders reviewed the information collated to date and began to idenfity areas of focus within the area of children, families and access to healthy food. Key areas identified included cooking skills, introduction to solids, breastfeeding and affordability of healthy food.

Ref	Actions	Lead	Rag Rating	Plan Start	Plan Finish	Progress
6.2	Identify connections, assets, gaps in the sub-system	PPHT	🟩	May-23	Sep-23	Based on the areas identified at the planning sessions, the local public health team are producing evidence briefings on the four focus areas to identify connections, assets, gaps and potential areas to intervene.
6.3	Produce systems map to detail connections in sub-system	PPHT	🟩	Oct-22	Sep-23	A systems map for Children, Families and Access to Healthy Food has been produced following the planning sessions in May. Further maps for infant feeding, breastfeeding, affordability of healthy food and cooking skills are currently in draft (to be reviewed by stakeholders).

STEP 7: ACTION PLANNING

Ref	Actions	Lead	Rag Rating	Plan Start	Plan Finish	Progress
7	**Develop shared action plan**					
7.1	Develop shared action plan to mobilise work in relation to identified priority area.	PPHT	Not started	Sep-23	Nov-23	A Delivery Plan will be developed based on the mapping carried out in step 6. The Strategic Steering group will have oversight of this plan
7.2	Establish a multi-agency Strategic Steering Group to oversee WSA in Powys	PPHT	🟩	Aug-23	Oct-23	Series of workshops have been held over the last year to engage partners. An over-arching steering group will meet periodically.

Step 8: MOBILISE AND MANAGE

Ref	Actions	Lead	Rag Rating	Plan Start	Plan Finish	Progress
8	**Plan, Implement,Review**					
8.1	Set up regular meetings to allow stakeholders to come together to review progress against shared action plan.	PPHT	🟩	Aug-23	Oct-23	A series of workshops have been held along with individual meetings with stakeholders. Next meeting scheduled for September, workshop planned for end of November.

Ref	Actions	Lead	Rag Rating	Plan Start	Plan Finish	Progress
8.2	Develop communications plan.	PPHT	o be completed	Oct-23	Dec-23	

Step 9: REVIEW

Ref	Actions	Lead	Rag Rating	Plan Start	Plan Finish	Progress
9	**Plan, Implement,Review**					
9.1	Agree robust evaluation method	Strategic Steering Group	o be completed	Oct-23	Dec-23	
9.2	Review progress regularly	Strategic Steering Group	On-going	Sep-23	Ongoing	
9.3	Identify where change is needed and plan for next phase of action	Strategic Steering Group	On-going	Dec-24	Ongoing	